



**Zi
ON**
**FOOD
MENU**





WELCOME TO ZION

Our food is cooked fresh and based on fresh ingredients and produce, during busy hours waiting times may be longer than we'd like them to be. After all we all know, good food takes time :)



Vegan
Dish



Vegetarian
Dish



You'll break
a sweat



Gluten
Free



House
Speciality

Disclaimer: While some of our menu items do not contain nuts and/or gluten, containing ingredients /products as a main ingredient, the said items are prepared in a kitchen where nuts and gluten-containing ingredients are used, therefore contamination of these products may occur and there may be traces of nuts and/or nut oil and/or gluten or any allergies containing

ingredients present, even Zion cannot guarantee that all products are nut free and/or gluten free and therefore cannot be held responsible for any issues resulting from any food allergies also those deriving from consumption of mustard seeds, sesame seeds, celery, onions, garlic, chilli and dairy. For special dietary requirements consult with the Manager or Chef on duty.



BOCAS

GRILLED HALLOUMI V

Grilled Halloumi with a cherry tomato chutney & croûtes. €4

MOZZARELLA DI BUFALA V

Whole mozzarella di bufala, cracked black pepper, basil dressing & croûtes. €4.50

FALAFEL PATTIES VG

Homemade chickpea patties served with raita dressing. 3 pcs €4.50

PORK CHEEKS Z

3 hour braised local pork cheeks in own jus, served with ciabatta croûtes. 3pcs €7

JAMAICAN MEAT BALLS

Spiced Jamaican beef patties served with tomato chutney. 3 pcs €5.00

CALAMARI FRITTI Z

Seasoned homemade deep-fried calamari served with homemade tartar sauce. €8.00

FISH CEVICHE

Cured seabass, mashed avocado, fresh chili & lemon. €7.50

CURED SALMON

Inhouse 30hrs cured salmon, pickled beetroot & pea mash. €7.50

MARINATED OCTOPUS

Braised then marinated, spices, herbs & citrus. Served cold. €7.50

LAMB SAMOSAS

Lamb samosas served with tandoori spiced yoghurt. 3pcs €4.50

DUCK SPRING ROLLS

Duck spring rolls served with hoisin & peanut sauce. 5 pcs €5.00

CHICKEN SAMOSAS

Chicken samosas served with raita dressing. 3 pcs €4.50

SOUTHERN STYLE WINGS

Spiced Southern style wings served with sweet chili sauce. 4pcs €5.00

CRISPY CHICKEN NUGGETS

Breaded chicken breast nuggets. 6 pcs €4.50

POT OF MUSSELS

Small portion of fresh Sicilian mussels, cooked in white wine, anchovy butter, lemon and black pepper. €7



BURGERS

Our burgers are all **HOMEMADE** with fresh ingredients. We use only USDA quality meat for our beef patties and all burgers have a double patty.

ZION BEEF BURGER

2x 125g seasoned USDA beef patties, pickles, double pancetta, butterhead lettuce, tomatoes, double red Leicester cheese & mayo. Served in a sesame brioche bun. **€12**

RECOMMENDED: MADRAS MAYO/ZION HOUSE SAUCE

JAMAICAN BURGER

2x 125g seasoned USDA beef patties, pickles, double pancetta, butter head lettuce, tomatoes, double red Leicester cheese & mayo. Served in a sesame brioche bun. **€12**

RECOMMENDED: HABANERO YOGHURT

KIDS BURGER

1x 125g seasoned USDA beef patty, butterhead lettuce, tomatoes & red Leicester cheese. Served in a sesame brioche bun. **€5.50**

CHICKEN BURGER

Deep-fried 300g boneless chicken thigh, coated with our blend of spices, double red Leicester cheese & coleslaw. Served in a sesame brioche bun **€11**

RECOMMENDED: PEPPER MAYO

PULLED PORK BUN

250g local pulled pork, house braised for 3 hour, fried onions, double Emmental cheese, rucola, tomatoes & mayo. Served in a sesame brioche bun. **€12.00**

RECOMMENDED: PEPPER MAYO

FALAFEL BURGER

250g freshly spiced & herbed homemade chickpea patty, grilled halloumi, beetroot, rucola, tomatoes, topped with Indian raita. Served in a sesame brioche bun. **€11**

RECOMMENDED: PEPPER MAYO

***ALL BURGERS ARE SERVED WITH FRENCH FRIES.**

***GF BREAD AVAILABLE UPON REQUEST.**

ADD SAUCES +€1.50

- × Zion House sauce
- × Truffle Mayo
- × Habanero Yoghurt (hot)
- × Madras Mayo
- × Pepper Mayo



WRAPS

HOME MADE FALAFEL & HALLOUMI WRAP

Falafel, grilled halloumi, beetroot, tomatoes, mixed leaves & raita dressing served with fries. €8.00

CHICKEN PARMA WRAP

Chicken breast, parma ham, brie cheese, mixed leaves & tomatoes, served with fries. €8

JAMAICAN SPICED BEEF WRAP

Spiced USDA quality ground beef, Red Leicester cheese, tomatoes and tomato chutney, served with fries. €8

RECOMMENDED: HABANERO YOGHURT



SALADS

WARM

IRISH BEEF TAGLIATA

220g of Fresh grilled beef steak, mixed leaves, rucola, red peppers, carrots, parmesan, crushed hazelnuts, chili, balsamic vinaigrette & lime. **€13.50**

FRESH CALAMARI SALAD

Grilled calamari, avocado, tomatoes, red peppers, cucumbers, mixed leaves, marjoram, pernod mayo & lemon. **€13**

TANDOORI SPICED CHICKEN

Tandoori spiced chicken, mixed leaves, cucumbers, cherry tomatoes, yoghurt tandoori dressing, lime & pine nuts. **€12**

CHICKEN CEASER

Chicken breast, romaine lettuce, tossed in ceaser dressing, bacon, parmesan & croutons. **€11**

COLD

SUMANA BUDDHA BOWL

Sweet potato, chickpeas, avocado, cherry tomatoes, egg, mixed leaves, pine nuts & citrus tahini dressing. **€10.50**

Make it Vegan: beetroot instead of egg.

CANDANASRI BUDDHA BOWL

Brown quinoa, beetroot, asparagus, cucumber, grilled halloumi, hummus, hazelnuts & herb vinaigrette. **€10.50**

Make it Vegan: Falafel patties instead of halloumi.



PASTA & RISOTTO

Using only fresh pasta & carnaroli rice for our risottos
All our sauces are made fresh to order.

MUSHROOM & PEA RISOTTO VG GF

Chestnut mushrooms, wild mushrooms, peas & vegetable stock.

Starter: €8 / Main: €10

GARGANELLE CHICKEN AND MUSHROOMS

Chicken, chestnut mushrooms, porcini & truffle cream.

Starter: €9 / Main: €11

GARGANELLE PORK CHEEKS z

Braised pork cheeks, cherry tomatoes, coriander, fresh chili & jus'.

Starter: €10 / Main: €13

BEEF PAPPARDELLE 🔪

USDA quality mince, cherry tomatoes, fresh coriander, habanero, chilli, spices & a touch of cream.

Starter: €10 / Main: €12

PRAWN PAPPARDELLE

Prawns, zucchini, cherry tomatoes, basil, prawn bisque & a touch of cream.

Starter: €11 / Main: €13

TAGLIOLINI OCTOPUS

Braised octopus, capers, black olives, cherry tomatoes & fresh marjoram.

Starter: €11 / Main: €14.50

SEAFOOD TAGLIOLINI / RISOTTO

Clams, prawns, calamari, black mussels, tomato soffritto, citrus & fresh herbs.

Starter: €12 / Main: €15

GF PASTA AVAILABLE UPON REQUEST, IT WILL JUST TAKE A BIT LONGER THAN NORMAL :)



BEEF GRILL

All served with fries, Grilled beef tomatoes, Jack Daniels flamed mushrooms and Chimichurri dressing.

TAGLIATA

Harmony Farm beef bavette
Harmony farm is an Irish company with the leading grass based diet supply of meats, and having the highest health statutes in the world.
1.2kg recommended served medium. For 2 people €44

SCOTTONA RIBEYE

Scottona is a young female bovine that has never been pregnant, and is not more than 15/16 months old.
350g recommended served rare - medium. €22

SCOTTONA SIRLOIN

Sirloin steak is one of the most common cuts of beef and often the steak lover's first choice. It has a fine but firm texture, a richness in flavour and it's perfectly suited to grilling or barbecuing.
350g recommended served rare - medium. €22

TOMAHAWK

Tomahawk steak is a well marbled, rich and buttery big, thick ribeye with a long rib bone still attached. It is more expensive than a ribeye steak because utilising the big bone means losing other properties from other cuts. Furthermore, a butchery skill is needed to clean and finish off the bone in this manner.
1.3kg (bone in) recommended served med rare - medium. €50

CHATEAUBRIAND

The crown jewel of all the beef cuts, sous vide for 3hrs then grilled to your liking & finished with cafe de Paris butter.
500-600g only served rare - medium. For 1 or 2 people €60

BEEF FILLET

The Rolls Royce of all meats, pan seared and basted in butter & thyme, beautifully tender and juicy prime cut.
300g recommended served rare - med rare - medium. €28



MAIN COURSE

POULTRY - PORK - FISH

FRESH CORN - FED CHICKEN BREAST

Chicken breast on the bone cooked Sous vide (slow cooked) for 2.5hrs then pan roasted, seasonal vegetables, mushroom sauce & fries. **€15**

PORK CHEEKS & MASH

350g of local pork cheeks braised for 3hr, mash potato, sautéed spinach, tomatoes & own jus'. **€17**

SALMON

240g grilled salmon fillet, pea puree, tomatoes & spinach, served with fries. **€16**

SEABASS

Pan seared seabass, wilted spinach, asparagus & cherry tomatoes, home made caper yoghurt, served with fries. **€16**

BRAISED OCTOPUS

Slow braised octopus, capers & olives, cherry tomatoes, fresh chili & herbs, served with fries. **€17.50**

ARGENTINIAN KING PRAWNS

500g grams, pan seared prawns, chili, lime & coriander beurre blanc, wilted spinach & cherry tomatoes served with a side of fries. **€22**

SICILIAN MUSSELS

Fresh Sicilian mussels, cooked in white wine, anchovy butter, lemon and black pepper. Served with fries. **€19**



KIDS

BREADED CHICKEN WINGS

Spiced Kentucky style wings served with a sweet chili sauce. 4 pcs **€5.00**

CRISPY CHICKEN BREAST NUGGETS

Breaded chicken breast nuggets. 6 pcs **€4.50**

MASHED POTATOES

Classic buttery mashed potatoes. **€3.50**

HOMEMADE KIDS BURGER

1x 125g seasoned USDA beef patty, butterhead lettuce, tomatoes & red Leicester cheese. Served in a sesame brioche bun. **€5.50**

KIDS PASTA

Garganelle pasta. Choose a sauce: tomatoe, cream or butter & grana. **€5.50**



WOOD-FIRED PIZZA

MON - SATURDAY 6PM ONWARDS. SUNDAY 7PM ONWARDS.

FILLED FOCACCIA

AL TONNO

Fresh tomato, mozzarella di bufala, tuna, rucola, grana shavings, oregano. €10

KATANE'

Fresh tomato, mozzarella di bufala, eggs, rucola, spring onions, Sicilian sausage, grana shavings, balsamic vinegar, chilli flakes, oregano. €11

LA RUSTICA

Mozzarella di bufala, black olives, anchovies, spring onions, pecorino cheese, black pepper. €9

MERYROS

Mozzarella di bufala, mix of ham, garlic, onion, parsley, chili, basil pesto, grana. €9

LA SOLITA

Mozzarella di bufala, ham, grana, black pepper. €8

OPEN FOCACCIA

ROSEMARY FOCACCIA VG

Evoo, rosemary, salt. €5

PECORINO FOCACCIA V

Evoo, pecorino pepato. €6

CLASSICS

MARGHERITA V

Tomato sauce, mozzarella, basil. €7

FUNGI V

Tomato sauce, mozzarella, mushrooms. €8

PEPPERONI

Tomato sauce, mozzarella, pepperoni salami. €8

CAPRESE V

Fresh tomatoes, mozzarella di bufala, basil, oregano, pepper, Evoo. €8.50



MORE PIZZA!

CAPRICCIOSA

Tomato sauce, mozzarella, cooked ham, mushrooms, egg, artichokes, olives. €9

PARMA

Tomato sauce, mozzarella, rucola, Parma ham, grana shavings. €10

NORMA V

Tomato sauce, mozzarella, aubergines, salted ricotta, basil. €9

VEGETARIANA V

Cherry tomatoes, mozzarella, basil pesto, aubergines, courgettes, peppers, salted ricotta, basil. €10

DIAVOLA

Tomato sauce, mozzarella, spicy salami, spring onions, black olives, chilli. €9

PICCANTE

Tomato sauce, mozzarella, mix of ham, garlic, onion, parsley, chili, basil pesto, grana. €9

BBQ CHICKEN

Mozzarella, chicken, ham, peppers, onions, sweet corn, BBQ sauce. €10

NOMADE

Tomato sauce, mozzarella di bufala, rucola, spicy salami, parmesan, basil, chilli. €11

BOLOGNESE

Pistachio cream, mozzarella di bufala mortadella Bologna, crushed pistachio. €10

TUNA

Tomato sauce, mozzarella, tuna, sweet corn, onions. €9

ST. THOMAS

Mozzarella, Maltese sausage, potatoes, onions, olives, grana shavings. €9

ZION SPECIAL

Cherry tomatoes, mozzarella di bufala, pulled pork, potatoes, caramelized onions, black pepper. €11

HAWAIIAN

Tomato sauce, mozzarella, ham & pineapple. €8

FORMAGGI

Mozzarella, cream, smoked scamorza, sweet gorgonzola, grana shavings. €10



MORE PIZZA! YAY!

MARINAI0

Tomato sauce, braised octopus, tuna, prawns, capers, black olives, parsley, lemon, garlic oil. €11

KIDS

Tomato sauce, mozzarella, eggs, wudy. €7

CALZONE SEMPLICE

Tomato sauce, mozzarella, ham, parmesan. €9.00

CALZONE SICULO

Mozzarella, anchovies, spring onions, black olives, peppered pecorino. €10

CALZONE CARBONARO

Mozzarella, cream, eggs, pancetta, spring onions, grana shavings, black pepper. €10

NICOSTASIA

Brandy sauce, mozzarella di bufala, porcini mushrooms, beef rib-eye, caramelized onions, grana shavings. €13

LUNA DEL ETNA

Pistachio pesto, cream of eggplant, smoked scamorza, pancetta, porcini mushrooms, crushed pistacchi. €13
(Half calzone / half open pizza)

CANNONE

Mozzarella di bufala, ham, eggs, cherry tomatoes, mayonnaise, rucola, grana shavings, chilli flakes. €10

SALMONARA

Cherry tomatoes, mozzarella, fresh salmon, philadelphia cheese, garlic, lemon oil, crushed pistachio. €12

SWEET PIZZAS

FERRERO

Nutella, toasted hazelnuts, icing sugar €8 (Filled focaccia)

FIESTA

Fried grissini, Nutella, icing sugar, crushed pistachio. €8 (Dough Grissini)
