



**Zi  
ON**  
**FOOD  
MENU**

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# WELCOME TO ZION

Our food is cooked fresh and based on fresh ingredients and produce, during busy hours waiting times may be longer than we'd like them to be. After all we all know, good food takes time :)



Vegan  
Dish



Vegetarian  
Dish



You'll break  
a sweat



Gluten  
Free



House  
Speciality

Disclaimer: While some of our menu items do not contain nuts and/or gluten, containing ingredients /products as a main ingredient, the said items are prepared in a kitchen where nuts and gluten-containing ingredients are used, therefore contamination of these products may occur and there may be traces of nuts and/or nut oil and/or gluten or any allergies containing

ingredients present, even Zion cannot guarantee that all products are nut free and/or gluten free and therefore cannot be held responsible for any issues resulting from any food allergies also those deriving from consumption of mustard seeds, sesame seeds, celery, onions, garlic, chilli and dairy. For special dietary requirements consult with the Manager or Chef on duty.

# BOCAS

## GRILLED HALLOUMI V

Grilled Halloumi with a cherry tomato chutney & croûtes. €4.50

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## MOZZARELLA DI BUFALA V

Whole mozzarella di bufala, cracked black pepper, basil dressing & croûtes. €5.50

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## FALAFEL PATTIES VG

Homemade chickpea patties served with raita dressing. 3 pcs €5.50

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## PORK CHEEKS Z

3 hour braised local pork cheeks in own jus, served with ciabatta croûtes. €8

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## JAMAICAN MEAT PATTIES

Spiced Jamaican beef patties served with tomato chutney. 3 pcs €6

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## CALAMARI FRITTI Z

Seasoned homemade deep-fried calamari served with homemade tartar sauce. €9

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## FISH CEVICHE

Cured seabass, mashed avocado, fresh chili & lemon. €8.50

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## MARINATED OCTOPUS

150g octopus, braised then marinated in herbs & citrus. Served cold. €8.50

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## DUCK SPRING ROLLS

Duck spring rolls served with hoisin & peanut sauce. 5 pcs €6

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## CHICKEN SAMOSAS

Chicken samosas served with raita dressing. 3 pcs €5.50

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## SOUTHERN STYLE WINGS

Spiced Southern style wings served with sweet chili sauce. 4pcs €6

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## CRISPY CHICKEN NUGGETS

Breaded chicken breast nuggets. 6 pcs €5.50

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## POT OF MUSSELS

Small portion of fresh Sicilian mussels, cooked in white wine, anchovy butter, lemon and black pepper. €8

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# BURGERS

Our burgers are all **HOMEMADE** with fresh ingredients. We use only USDA quality meat for our beef patties and all burgers have a double patty.

## ZION BEEF BURGER

2x 125g seasoned USDA beef patties, pickles, double pancetta, lettuce, tomatoes, double red Leicester cheese & mayo. Served in a sesame brioche bun. **€13**

RECOMMENDED: MADRAS MAYO/ZION HOUSE SAUCE

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## JAMAICAN BURGER

2x 125g seasoned USDA beef patties, pickles, double pancetta, lettuce, tomatoes, double red Leicester cheese & mayo. Served in a sesame brioche bun. **€13**

RECOMMENDED: HABANERO YOGHURT

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## BEEF BURGER

1x 125g seasoned USDA beef patty, lettuce, tomatoes & red Leicester cheese. Served in a sesame brioche bun. **€7**

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## CHICKEN BURGER

Deep-fried 300g boneless chicken thigh, coated with our blend of spices, double red Leicester cheese & coleslaw. Served in a sesame brioche bun **€12**

RECOMMENDED: PEPPER MAYO

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## PULLED PORK BUN

250g local pulled pork, house braised for 3 hours, fried onions, double Emmental cheese, rucola, tomatoes & mayo. Served in a sesame brioche bun. **€13**

RECOMMENDED: PEPPER MAYO

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## FALAFEL BURGER

250g freshly spiced & herbed homemade chickpea patty, grilled halloumi, beetroot, rucola, tomatoes, topped with Indian raita. Served in a sesame brioche bun. **€12**

RECOMMENDED: CITRUS CREMA

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**\*ALL BURGERS ARE SERVED WITH FRENCH FRIES.**

**\*GF BREAD AVAILABLE UPON REQUEST.**

## ADD SAUCES +€1.50

- × Zion House sauce
- × Truffle Mayo
- × Habanero Yoghurt (hot)
- × Madras Mayo
- × Pepper Mayo
- × Citrus Crema

# SALADS

## WARM

### BEEF TAGLIATA

220g of freshly grilled beef bavette, mixed leaves, red peppers, carrots, parmesan, crushed hazlenuts, chili, balsamic vinaigrette & lime. €15

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### FRESH CALAMARI SALAD

Grilled calamari, avocado, tomatoes, red peppers, cucumbers, mixed leaves, marjoram, pernod mayo & lemon. €14.50

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### CHICKEN CEASER

Chicken breast, romaine lettuce, tossed in ceaser dressing, bacon, parmesan & croutons. €13

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# WRAPS

### HOMEMADE FALAFEL & HALLOUMI WRAP

Falafel, grilled halloumi, beetroot, tomatoes, mixed leaves & raita dressing served with fries. €9

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### CAJUN CHICKEN WRAP

Cajun spiced chicken with citrus crema', fresh coriander, mixed leaves & tomatoes, served with fries. €9

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## COLD

### SALMON POKE

Teriyaki marinated salmon, Wakame sea weed, avocado, cucumber, cherry tomato, fluffy basmati, mango puree. €14

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*Make it Vegan: Beetroot instead of Salmon.*

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### SEABASS POKE

Citrus marinated seabass, sesame infused tofu, avocado, cucumber, cherry tomato, fluffy basmati, passion fruit puree. €14

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*Make it Vegan: Beetroot instead of egg.*

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### JAMAICAN SPICED BEEF WRAP

Spiced USDA quality ground beef, Red Leicester cheese, tomatoes and tomato chutney, served with fries. €9

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RECOMMENDED: HABANERO YOGHURT

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# PASTA & RISOTTO

Using only fresh pasta & carnaroli rice for our risottos  
All our sauces are made fresh to order.

## MUSHROOM VG GF

Chestnut mushrooms, wild mushrooms & vegetable stock.

**Starter: €9 / Main: €11**

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## GARGANELLE CHICKEN AND MUSHROOMS

Chicken, chestnut mushrooms, porcini & truffle cream.

**Starter: €10 / Main: €12**

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## GARGANELLE PORK CHEEKS z

Braised pork cheeks, cherry tomatoes, coriander, fresh chili & jus'.

**Starter: €11 / Main: €14**

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## BEEF PAPPARDELLE z

USDA quality mince, cherry tomatoes, fresh coriander, habanero, chilli, spices & a touch of cream.

**Starter: €11 / Main: €13**

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## TAGLIOLINI OCTOPUS

Braised octopus, capers, black olives, cherry tomatoes & fresh marjoram.

**Starter: €13 / Main: €15**

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## SEAFOOD TAGLIOLINI / RISOTTO

Clams, prawns, calamari, black mussels, tomato soffritto, citrus & fresh herbs.

**Starter: €13.50 / Main: €15.50**

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**GF PASTA AVAILABLE UPON REQUEST, IT WILL JUST TAKE A BIT LONGER THAN NORMAL :)**

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# BEEF GRILL

All served with roasted vegetables, baby potatoes and Chimichurri dressing.

## TAGLIATA

Bavette is the French name for flank steak. Like Onglet, this is a loose textured, highly flavoured flat cut. It has often been called the butcher's cut, because it is said butchers reserved it for their own pleasure.

**1.2kg recommended served medium.**

**For 2 people €50**

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## RIB - EYE

South American origin. Fat is where a lot of the distinctive flavour of beef comes from, making ribeye one of the richest, beefiest cuts available.

**350g recommended served rare - medium. €26**

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## CHATEAUBRIAND

The crown jewel of all the beef cuts, sous vide for 3hrs then grilled to your liking & finished with cafe de Paris butter.

**500-600g only served rare - medium.**

**For 1 or 2 people €60**

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## BEEF FILLET

The Rolls Royce of all meats, pan seared and basted in butter & thyme, beautifully tender and juicy prime cut.

**300g recommended served rare - med rare - medium. €30**

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# MAIN COURSE

## PAN SEARED CHICKEN BREAST

350g of chicken breast, slowly cooked then pan seared. Served with roasted vegetables and roast potatoes. €17

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## BRAISED PORK CHEEKS

350g pork cheeks braised for 3 hours, herb roasted vegetable, own jus' and roast potatoes. €18.50

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## SALMON

240g grilled salmon fillet, citrus & herb cream, spinach, cherry tomatoes & fries. €17

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## SEABASS

Pan seared seabass, wilted spinach, tartare sauce, cherry tomatoes and fries. €17

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## BRAISED OCTOPUS

Slow braised octopus, capers, olives, cherry tomatoes, fresh chili, herbs and fries. €20

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## SICILIAN MUSSELS

Fresh Sicilian mussels, cooked in white wine, anchovy butter, lemon black pepper and served with fries. €19

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# KIDS

## BREADED CHICKEN WINGS

Spiced Kentucky style wings served with a sweet chili sauce. 4 pcs **€6**

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## CRISPY CHICKEN BREAST NUGGETS

Breaded chicken breast nuggets. 6 pcs **€5.50**

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## MASHED POTATOES

Classic buttery mashed potatoes. **€4**

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## HOMEMADE KIDS BURGER

1x 125g seasoned USDA beef patty, butterhead lettuce, tomatoes & red Leicester cheese. Served in a sesame brioche bun. **€6**

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## KIDS PASTA

Garganelle pasta. Choose a sauce: tomatoe, cream or butter & grana. **€6**

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## KIDS

Tomato sauce, mozzarella, eggs, wudy. **€8.50**

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# WOOD-FIRED PIZZA

MON – SATURDAY 6PM ONWARDS. SUNDAY 7PM ONWARDS.

## FILLED FOCACCIA

### KATANE'

Fresh tomato, mozzarella di bufala, eggs, rucola, spring onions, sausage meat, grana shavings, balsamic vinegar, chilli flakes, oregano. €12

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### MERYROS

Mozzarella di bufala, mix of ham, garlic, onion, parsley, chili, basil pesto, grana. €10.50

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## OPEN FOCACCIA

### ROSEMARY FOCACCIA VG

Evoo, rosemary, salt. €6

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### PECORINO FOCACCIA V

Evoo, pecorino pepato. €7

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## CLASSICS

### MARGHERITA V

Tomato sauce, mozzarella, basil. €9

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### FUNGHI V

Tomato sauce, mozzarella, mushrooms. €9

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### PEPPERONI

Tomato sauce, mozzarella, pepperoni salami. €9

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### CAPRICCIOSA

Tomato sauce, mozzarella, cooked ham, mushrooms, egg, artichokes, olives. €11

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### PARMA

Tomato sauce, mozzarella, rucola, Parma ham, grana shavings. €12

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### NORMA V

Tomato sauce, mozzarella, aubergines, salted ricotta, basil. €11

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### VEGETARIANA V

Cherry tomatoes, mozzarella, basil pesto, aubergines, courgettes, peppers, salted ricotta, basil. €10

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### BBQ CHICKEN

Mozzarella, chicken, ham, peppers, onions, sweet corn, BBQ sauce. €12

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### NOMADE

Tomato sauce, mozzarella di bufala, rucola, spicy salami, black olives, parmesan, basil, chilli. €12.50

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# MORE PIZZA!

## BOLOGNESE

Pistachio cream, mozzarella di bufala mortadella Bologna, crushed pistachio. €12

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## TUNA

Tomato sauce, mozzarella, tuna, sweet corn, onions. €11

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## ST. THOMAS

Mozzarella, Maltese sausage, potatoes, onions, olives, grana shavings. €11.50

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## ZION SPECIAL

Cherry tomatoes, mozzarella di bufala, pulled pork, potatoes, caramelized onions, black pepper. €12.50

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## HAWAIIAN

Tomato sauce, mozzarella, ham & pineapple. €9.50

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## FORMAGGI

Mozzarella, cream, smoked scamorza, sweet gorgonzola, grana shavings. €12

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## MARINAIO

Tomato sauce, braised octopus, tuna, prawns, capers, black olives, parsley, lemon, garlic oil. €13

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## KIDS

Tomato sauce, mozzarella, eggs, wudy. €8.50

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## CALZONE SEMPLICE

Tomato sauce, mozzarella, ham, parmesan. €11

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## CALZONE SICULO

Mozzarella, anchovies, spring onions, black olives, peppered pecorino. €12

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## NICOSTASIA

Brandy sauce, mozzarella di bufala, porcini mushrooms, beef rib-eye, caramelized onions, grana shavings. €14

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## DEL ETNA

Pistachio pesto, mozzarella, smoked scamorza, pancetta, porcini mushrooms, crushed pistacchio. €13.50

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## SWEET PIZZAS

### FIESTA

Fried grissini, Nutella, icing sugar, crushed pistachio. €9.50 (Dough Grissini)

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